

TELADOC.	
When is a good time to talk to a doctor?	
Select a time As soon as possible	
NEXT >	
Prev Next Done ASAP visits are 24/7. Scheduled visits are available betwee 7AM and 9PM, today or tomorrow, but no earlier than 1 hou from now.	n
ASAP Today 1 00 AM Tomorrow 2 15 PM 3 30	



## Confidential care you can use **anywhere.**\*

You have Teladoc Health as a part of your health benefits. Teladoc Health gives you 24/7 access to U.S.-licensed doctors at home or while you're away.

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- Access to a doctor licensed in your state
- Treatment for common issues like the flu, infections, allergies and more
- Convenient care from home or while you are traveling
- Care by a phone or video call can help you avoid the waiting room or ER

\*Teladoc Health is not available internationally

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Need to talk to someone on our care team? Call 1-800-TELADOC (800-835-2362)



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